



Midweek Message

SIXTH SUNDAY IN EASTER

Sunday, May 5th at 9:30 a.m.

Join us in-person or livestream on our Facebook page as we hear that it is the image of friendship which reveals the love, the joy, and the mutuality of the relationship into which Jesus invites us.

CALLING ALL GRADUATES!

Is your child graduating from high school, college, or grad school this spring? If they are, please send an Email to the church office (office@atonementrochester.org) with:

1. Their name
2. The name of their school
3. A brief description of their future plans



You are also welcome to include a photo to share!

GFL CONFERENCE ZOOM BIBLE STUDY

...for members and friends of our Lutheran congregations in the Rochester area. This Bible study will be led by Pastor Jonathan Deibler of St. John's Lutheran Church in Victor, and will meet virtually via Zoom on Wednesday evenings in May (*beginning May 1st*) at 7:00 p.m.

To join the Zoom meeting, click here: <https://us02web.zoom.us/j/84949051164?pwd=WUgrRTdTcoVKcizrNodacTFkboFMdz09>

Meeting ID: 849 4905 1164
Passcode: 345005

FIRST FRIDAY FRIENDS

Friday, May 3rd from 10:00 a.m. until Noon in the Conference Room



We get together on the first Friday of each month for crafting and companionship. We can work on leftover projects like no-sew fleece blankets, individual projects like needlework, crochet, or knitting, think up new ideas, make centerpieces for the Asbury Dining Center, ... etc., etc. *All are welcome!*



Atonement Lutheran Church

All Are Welcome

Join us for in-person worship in our Sanctuary, or Livestream via our Facebook page on Sunday mornings.

Livestream Sunday mornings at 9:30 a.m. by going to the Atonement Facebook page at [fb.com/atonementlutheranchurch/](https://www.facebook.com/atonementlutheranchurch/)

A worship bulletin with hymns is also posted weekly on our web site at www.atonementrochester.org

In The Garden

‘One is nearer God’s heart in a garden than anywhere else on earth.’

-Dorothy Frances Gurney

HOW DOES OUR GARDEN GROW?



May 11th 9:00-11:00

Did you know?... Gardening is a simple way to reduce stress and improve your mental health. Studies show that spending time in nature and performing gardening activities can lower cortisol (a stress hormone) levels and increase feelings of well-being. Gardening also assists in the improvement of local air quality, and supports pollinators. Our Atonement garden also helps to nourish those in need, providing healthy food from our harvest.

What can you do to help? ... It’s time to refresh and wake up our garden beds to get them growing. Come join us next *Saturday, May 11th* to reduce your stress and increase your own well-being. Be sure to dress for the weather, and feel free to bring any gardening tools you may have. *Everyone is welcome.*



CLICK ON OUR MUSIC LINKS

“Next to the Word of God, Music Deserves the Highest Praise” -Martin Luther

[Schubert: Andantino from the Sonata D 959 | Elisabeth Leonskaja](#) Franz Schubert died at the age of 31, making him the shortest-lived of all the great composers. This piece dates from his last year, when he knew he was dying, and most people read some autobiography into this movement: it starts with tragic resignation, then moves through rage, then back to the beginning idea. The middle section has chords that really make no sense from a traditional point of view, but are perfect for expressing uncomprehending anger.

[The Top Liner Rag by Joseph Lamb | Cory Hall](#) More piano music, but definitely much lighter! Most people are familiar with Scott Joplin as a composer of ragtime, but there were other greats from its heyday (the 1890s through the 1910s). Joseph Lamb is probably right behind Joplin in terms of reputation, and this is one of his most famous ones.

GREATER ROCHESTER WOMEN’S PHILHARMONIC

Sunday, May 5th at 3:00 p.m.

Come to the Glazer Music Performance Center at Nazareth University, 4245 East Avenue. All free will offerings at the door will benefit the *Willow Domestic Abuse Center*. Nancy Strelau will be conducting music from *Romeo and Juliet Suite No. 2* by Sergei Prokofiev and selections from *West Side Story* by Leonard Bernstein/Mason. Featured performance by Jung Choi, oboe, in the world premiere of *Silence* by Sungji Hung.



WORK DAY AT LAKE CHAUTAUQUA LUTHERAN CENTER

Four Confirmation students + four parent volunteers + lots of additional volunteers
+ good spirits in spite of rain and mud = lots of work projects accomplished and plenty of fun!



Many thanks
to our Atonement
volunteers.



Father God,
Thank You

Thank you for the gift of new life and color in this renewing season. Bless our ministries as we seek to honor you and carry your word to others. Bless the wonderful people you have placed in our path, renew and heal them in your love. In Jesus' name, Amen.

**Atonement
Lutheran Church**
1900 Westfall Road
Rochester NY 14618
(585) 442-1018

The Rev. Gail Swanson,
Pastor

Email:
office@atonementrochester.org

Website:
www.atonementrochester.org

Facebook:
fb.com/
atonementlutheranchurch

Worship
9:30 a.m. Sundays
in our Sanctuary

Livestream Worship
9:30 a.m. Sundays via the
Atonement Facebook page.

Church Office Hours
9:00 a.m.-2:30 p.m.
Tuesday
Wednesday
Thursday

KIDS' CRAFT: FLY LIKE A BEE

It's spring time! During spring, you will see lots of flowers and trees blooming, growing their leaves and flowers. There are so many bright colors and shades of green, growing things; but how do the plants grow?

Some other things you might notice in springtime is that lots of animals, birds, insects and bugs start to move around. Bees start to fly around, looking for pollen on flowers, fruits, and vegetables. They help plants grow by walking in pollen from one plant, then flying to another plant where a little bit of the pollen rubs off so the plant can *reproduce* (make more) There are different kinds of bees: bumblebees, sweat bees, leaf-cutter bees, and honeybees are just a few of the most common bees you might see around our area. They can live in trees, holes, on buildings, or in boxes; pretty much anywhere they can crawl inside to be safe and protected from bad weather.



Honey bee homes are called *hives* and they build *honeycombs* inside of it with a queen. She runs the whole hive and lays eggs to make more bees. Queen bees can live up to five years. Did you know that bees wiggle and 'dance' around to give directions to other bees? Worker bees make honey, and lucky for us they make 2-3 times more honey than they need, so we get to enjoy their sweet treat, too.

Honey bees can fly pretty fast-about 15 miles per hour. Their wings beat 200 times per second! Whew! Let's make a bee and see if we can move their wings really fast, too!

You will need: The shapes on this page
tagboard (like an old cereal box) and white paper
Markers or crayons
Tape
2 chopsticks (or drinking straws would work, too)

Tape stick this way >>>

Directions:

1. Trace the bee body shape on this page onto tagboard. Cut it out.
2. Trace the wing shape on this page onto white paper. Cut it out.
3. Use markers or crayons to draw 2 or 3 black stripes on the body of your bee, and color the rest yellow.
4. Tape one end of a chopstick or straw to the lower half of the back of the bee body (like a puppet).
5. Tape the ends of the rectangle guide on the middle back of the bee body.
6. Tape a chopstick or straw on the back center of the wings.
7. Slide the straw for the wings through the center of the rectangle guide on the back of your bee. Slide them up and down to make your bee 'fly'!

