

Fifth Sunday After Epiphany

February 4th, 2024

9:30 a.m. In-person and Livestream Worship



Atonement Lutheran Church

Invite • Prepare • Go into the World

1900 Westfall Road, Rochester, NY 14618

GATHERING

PRELUDE

Praise to the Lord, the Almighty

-J. Neander

***WELCOME**

***CONFESSION AND FORGIVENESS**

Blessed be the holy Trinity, † one God, creator of darkness and light,
word of truth, wind sweeping over the waters.

Amen.

Let us confess our sin in the presence of God and of one another.

Silence is kept for reflection.

God, our rock and refuge,

we pour out our hearts before you.

We have known you but have not always loved you.

We have wounded one another and sinned against you.

We have not always recognized the Holy Spirit dwelling in each of us.

Remember your covenant. Renew your creation.

Restore us, that we might proclaim your good news to all.

Amen.

The voice of the Lord is upon the waters.

God has spoken:

The time of grace is now. In Jesus, † the reign of God has come near.

By the authority of Jesus Christ, your sins are forgiven.

You are God's beloved.

Amen.

**Please Stand As You Are Able*

***PEACE**

The peace of Christ be with you always.
And also with you.

***GATHERING HYMN** *O Christ, the Healer, We Have Come* # 610

***APOSTOLIC GREETING**

The grace of our Savior Jesus Christ, the Word made flesh, be with you all.
And also with you.

***PRAYER OF THE DAY**

Everlasting God, you give strength to the weak and power to the faint. Make us agents of your healing and wholeness, that your good news may be made known to the ends of your creation, through Jesus Christ, our Savior and Lord. **Amen.**

WORD

FIRST READING *Isaiah 40:21-31*

A reading from Isaiah

- ²¹Have you not known? Have you not heard?
Has it not been told you from the beginning?
Have you not understood from the foundations of the earth?
- ²²It is he who sits above the circle of the earth,
and its inhabitants are like grasshoppers;
who stretches out the heavens like a curtain,
and spreads them like a tent to live in;
- ²³who brings princes to naught,
and makes the rulers of the earth as nothing.
- ²⁴Scarcely are they planted, scarcely sown,
scarcely has their stem taken root in the earth,

when he blows upon them, and they wither,
and the tempest carries them off like stubble.

²⁵To whom then will you compare me,
or who is my equal? says the Holy One.

²⁶Lift up your eyes on high and see:

Who created these?

He who brings out their host and numbers them,
calling them all by name;

because he is great in strength,

mighty in power,

not one is missing.

²⁷Why do you say, O Jacob,

and speak, O Israel,

“My way is hidden from the LORD,

and my right is disregarded by my God”?

²⁸Have you not known? Have you not heard?

The LORD is the everlasting God,

the Creator of the ends of the earth.

He does not faint or grow weary;

his understanding is unsearchable.

²⁹He gives power to the faint,

and strengthens the powerless.

³⁰Even youths will faint and be weary,

and the young will fall exhausted;

³¹but those who wait for the LORD shall renew their strength,

they shall mount up with wings like eagles,

they shall run and not be weary,

they shall walk and not faint.

The word of the Lord. **Thanks be to God.**

PSALM 147:1-11

*Read responsively; Congregation reads **bold** type.*

¹Hallelujah! How good it is to sing praises to our God!

How pleasant it is to honor God with praise!

²**The LORD rebuilds Jerusalem,
and gathers the exiles of Israel.**

³The LORD heals the brokenhearted
and binds up their wounds.

⁴**The LORD counts the number of the stars
and calls them all by their names.**

⁵Great is our LORD and mighty in power;
there is no limit to God's wisdom.

⁶**The LORD lifts up the lowly,
but casts the wicked to the ground.**

⁷Sing to the LORD with thanksgiving;
make music upon the harp to our God,

⁸**who covers the heavens with clouds
and prepares rain for the earth, making grass to grow upon the
mountains.**

⁹God provides food for the cattle
and for the young ravens when they cry.

¹⁰**God is not impressed by the might of a horse,
and has no pleasure in the speed of a runner,**

¹¹but finds pleasure in those who fear the LORD,
in those who await God's steadfast love. ^{20c1} Hallelujah!

*He counts the Stars
and calls them all by name*

Refrain



Heal - er of our ev - 'ry ill, light of each to - mor - row,
give us peace be - yond our fear, and hope be - yond our sor - row.
1 You who know our fears and sad - ness, grace us with your
peace and glad - ness; Spir - it of all com - fort, fill our hearts.

Refrain

***HOLY GOSPEL**

Mark 1:29-39

The Holy Gospel according to Mark. **Glory to you, O Lord.**

²⁹As soon as [Jesus and the disciples] left the synagogue, they entered the house of Simon and Andrew, with James and John. ³⁰Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. ³¹He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

³²That evening, at sunset, they brought to him all who were sick or possessed with demons. ³³And the whole city was gathered around the door. ³⁴And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

³⁵In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. ³⁶And Simon and his companions hunted for him. ³⁷When they found him, they said to him, "Everyone is searching for you."

³⁸He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do."

³⁹And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

The Gospel of the Lord. **Praise to you, O Christ.**

SERMON

***HYMN OF THE DAY** *Songs of Thankfulness and Praise* # 310

***APOSTLES' CREED**

Let us confess our faith, and the faith of the church, with the words of the Apostles' Creed.

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

PRAYERS

Rejoicing in the light of Christ that shines upon us, we pray for the church, the world, and all people according to their needs.

God, shining with grace, **hear our prayer.**

Receive our prayers, O God, as we behold the light of Christ's presence, and rejoice in the brightness of his glory. **Amen.**

OFFERTORY MUSIC

Arise! Sing Forth!

-H. Purcell

*Offering gifts are gratefully received
in the plates located near the sanctuary doors as you exit.*

***OFFERTORY PRAYER**

Let us pray.

Blessed are you, Holy One, for all good things come from you. In bread and cup you open heaven to us. Meet us at this table, that we receive what we seek and follow your Son, Jesus, in whose name we pray. **Amen.**

MEAL

***GREAT THANKSGIVING**

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

***EUCHARISTIC PRAYER**

***LORD'S PRAYER**

Lord, remember us in your kingdom and teach us to pray:

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

DISTRIBUTION

All are invited to receive the Sacrament of Holy Communion, Christ's body and blood truly present in the bread and the wine.

~Come forward by the center aisle.

~Children are invited to come forward for a blessing.

~White grape juice and gluten-free wafers are also available.

~Dispose of the cup in the basket provided.

~Please tell an usher if you need communion elements brought to your pew.

SENDING

***PRAYER AFTER COMMUNION**

Let us pray.

Giver of every gift, Christ's body is our food, and we are Christ's body. Raise us to life by your power for the benefit of all and to your glory, now and forever.

Amen.

***BLESSING**

God who names you,

Christ who claims you,

and the Holy Spirit who dwells in you †

bless you and remain with you always. **Amen.**

***SENDING HYMN**

Sing Praise to God, the Highest Good # 871

***DISMISSAL**

Go in peace. You are God's beloved. **Thanks be to God.**

POSTLUDE

Sing Praise to God

-M. Vulpius

*The congregation is invited to remain for the postlude;
and following it, to respond with "Amen!"*

WORSHIP ASSISTANTS

Assisting Minister Jean Seager
Livestream Recorder..... Dave Irish
Offering Counters Norm Karsten, Jim Krapf
Usher(s) Skip Waterstreet
Altar Care Judy Lazenby
Fellowship Hosts Bob & Susan Touhsaent

AN EASY WAY TO GIVE YOUR OFFERING

Scan this QR code with your smartphone's camera, -> tap on the link that pops up, and you will be taken directly to Atonement's giving website.



If your phone doesn't automatically scan the code, you may need to download a QR code reader app. Many are available for free in the Google Play or Apple App store. Please contact Lindee Krapf if you have any questions.

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ANNOUNCEMENTS

FELLOWSHIP/COFFEE HOUR

TODAY Please join us in Reissig Hall following worship for coffee, tea, and treats.

CONFIRMATION CLASS MEETS

***TODAY* at 10:45 a.m.**

Our Confirmation Class will be meeting in the church Library

VALENTINE'S DAY COLLEGE CONNECTIONS

Let's spread some love to our (7) Atonement college-attending students!

*** TODAY * is the last day we will be collecting items.** Packages will be sent out to be delivered to our students in time for Valentine's Day.

In order to keep the cost of postage to a minimum, we are proposing the packages include a few individually wrapped sweets/chocolates and also some \$5.00 gift cards to those favorite beverage stops, Dunkin' Donuts, Starbucks, or Tim Horton's. Please place your donations of candy and gift cards on the table in the Narthex. Any questions should be directed to Barb Sanko.

COMING SOON: THE SOUP-ER BOWL!

On **Sunday, February 11th** we will hold our annual *Tackle Hunger* event. We will be collecting **soup** and **other canned goods** for the Pittsford Food Cupboard. Catch the spirit of giving and bring a can or two, placing it on the side of your favorite team!

FEBRUARY ADULT FORUM

Sunday, February 18th following worship

Be sure to join us to hear Meghan Domroes speak on her work at *World Relief*, a national nonprofit agency that works both in the United States and worldwide to serve those most in need. In Rochester, the Western NY World Relief office will receive and help resettle over 300 refugee clients this year.

ANNOUNCEMENTS

ANNUAL CONGREGATIONAL MEETING

*Next Sunday, February 11th at 10:30 a.m. in Reissig Hall
Refreshments will be provided*

ASH WEDNESDAY SERVICES

Wednesday, February 14th

Ash Wednesday is a time of confession, repentance, and renewal which sets us on a new path of discipleship for the season of Lent. Begin your Lenten journey with the sign of the cross traced on your forehead, a powerful symbol of dying to sin and rising to new life in Christ.



12:00-12:30 p.m. Ashes to Go

- Drive into the church parking lot on the sanctuary (East) side of the church building.
- Stop at the table to receive the Imposition of Ashes, and hear a brief scripture reading and prayer from Pastor Gail.
- Continue on your day, marked with the cross of Christ.

7:00 p.m. Service of Holy Communion and the Imposition of Ashes

Join us in-person in our sanctuary or livestream via our Facebook page.

GREEN TIP

How to eat less plastic? Don't drink water or other beverages from disposable plastic bottles. Don't microwave or store food in plastic containers. Eat more fresh food, and less processed food.

O Christ, the Healer, We Have Come

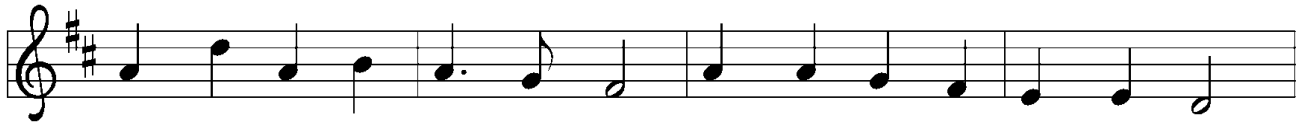


- 1 O Christ, the heal - er, we have come to pray for health, to plead for friends.
- 2 From ev - 'ry ail - ment flesh en - dures our bod - ies clam - or to be freed;
- 3 In con - flicts that de - stroy our health we rec - og - nize the world's dis - ease;
- 4 Grant that we all, made one in faith, in your com - mu - ni - ty may find



How can we fail to be re - stored when reached by love that nev - er ends?
yet in our hearts we would con - fess that whole - ness is our deep - est need.
our com - mon life de - clares our ills. Is there no cure, O Christ, for these?
the whole - ness that, en - rich - ing us, shall reach the whole of hu - man - kind.

Songs of Thankfulness and Praise



- 1 Songs of thank-ful - ness and praise, Je - sus, Lord, to thee we raise;
- 2 Man - i - fest at Jor - dan's stream, proph - et, priest, and king su - preme;
- 3 Man - i - fest in mak - ing whole weak - ened bod - y, faint - ing soul;
- 4 Grant us grace to see thee, Lord, pres - ent in thy ho - ly word;



man - i - fest - ed by the star to the sa - ges from a - far,
and at Ca - na wed - ding guest in thy God-head man - i - fest;
man - i - fest in val - iant fight, quell - ing all the dev - il's might;
grace to im - i - tate thee now and be pure, as pure art thou;



branch of roy - al Da - vid's stem in thy birth at Beth - le - hem:
man - i - fest in pow'r di - vine, chang - ing wa - ter in - to wine;
man - i - fest in gra - cious will, ev - er bring - ing good from ill:
that we might be - come like thee at thy great e - piph - a - ny,



an - thems be to thee ad - dressed,
an - thems be to thee ad - dressed, God in flesh made man - i - fest.
an - thems be to thee ad - dressed,
and may praise thee, ev - er blest,

Sing Praise to God, the Highest Good



1 Sing praise to God, the high - est good, the au - thor of cre -
2 What your al - might - y pow'r has made, in mer - cy you are
3 We sought the Lord in our dis - tress; O God, in mer - cy
4 All who con - fess Christ's ho - ly name, give God the praise and



a - tion! O God of love, you un - der - stood our need for
keep - ing; by morn - ing glow or eve - ning shade, your eye is
hear us. Our Sav - ior saw our help - less - ness and came with
glo - ry! Let all God's sav - ing pow'r pro - claim; give God the



your sal - va - tion. With heal - ing balm our souls you fill;
nev - er sleep - ing; in the do - min - ion of your might
peace to cheer us. For this we thank and praise the Lord,
praise and glo - ry! Cast ev - 'ry i - dol from its throne;



all our la - ment with peace you still.
all things are just and good and right. To God all praise and glo - ry!
who is by one and all a - dored.
God is the Lord, and God a - lone:

Atonement Lutheran Church

The Rev. Gail Swanson, Pastor

Email: pastorgails@aol.com

Office: (585) 442-1018

Cell: (614) 477-7863

David McCarthy, Director of Music Ministry

Becky R. Wiesmore, Administrative Assistant

Welcome to worship,

and a special welcome to those who are visiting with us today.

If you are interested in becoming a member of our congregation

or learning more about our ministries,

please speak to our Pastor.



MISSION STATEMENT

Atonement Lutheran Church is a gathering of God's people in Christ called to:

Invite all people into the presence of the living God,

Prepare for ministry in daily life and

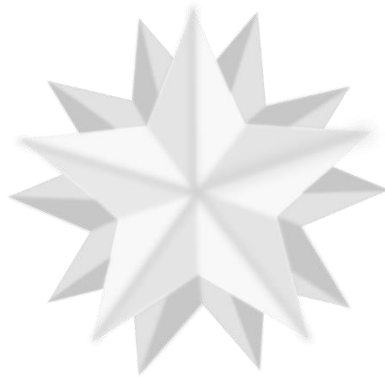
Go into the world as disciples

Our Church Nursery is available
for parents to use with their children.

Thank you for joining us in worship today!

*"Jesus came and took her by the hand and lifted her up.
Then the fever left her, and she began to serve."*

Mark 1:31



Visit our web site at: **www.atonementrochester.org**
Follow us on Facebook: **[fb.com/atonementlutheranchurch/](https://www.facebook.com/atonementlutheranchurch/)**
Contact us via Email: **office@atonementrochester.org**
Call us via phone at: **(585) 442-1018**
Church Office hours: **Tues~Wed~Thurs 9:00 a.m.-2:30 p.m.**