



# Midweek Message

## SIXTH SUNDAY AFTER PENTECOST

Sunday, July 17<sup>th</sup> at 9:30 a.m.

Join us in person in our sanctuary or livestream via our Facebook page as we are urged to 'listen up!' and be attentive to Jesus, the Word of life, above all else.



## A NEW LOOK OUTDOORS

MANY THANKS to all who volunteered their time and outdoor gardening efforts on July 3<sup>rd</sup> as part of our 45 + 45 Outdoor Worship and Service Project. Shrubs and trees were trimmed and pruned... tree branches were removed... and a great deal of weeding and mulching created beautiful results.



## JULY FOOD COLLECTION: RED, WHITE, AND BLUE



For the month of July, we ask for your help to stock the Pittsford Food Cupboard with some pantry staples. Suggested items are: *beans, tuna, cereal, and peanut butter*. In celebration of Independence Day, we invite you to consider **red**, **white**, and **blue** food items and packaging, such as *canned tomatoes, rice, blueberry jam, spaghetti sauce, pasta, or blue jell-o*.

A table will be set up in the Narthex for your donations. We will be collecting through Sunday, July 31<sup>st</sup>. Thank you!



## Atonement Lutheran Church

### All Are Welcome

In-person worship in our Sanctuary, or Livestream worship via our Atonement Facebook page.

Join us for music and hymns, scripture, a sermon, prayers, and a Children's Moment.

You can follow us on Sunday mornings at 9:30 a.m. and for special services by going to our Atonement Facebook page at [fb.com/atonementlutheranchurch/](https://fb.com/atonementlutheranchurch/)

A worship bulletin and hymns will be Emailed to our Atonement families, and posted weekly on our web site.

## Board of Ministries

### *Meeting*

The Board of Ministries will be meeting via Zoom on Tuesday, July 19<sup>th</sup> at 6:00 p.m.

## **AUGUST MEDICAL LEAVE** **By Pastor Gail Swanson**

July 13, 2022

Dear Atonement Family –

*One day while Jesus was teaching, the power of God was with him to heal. Just then some people came, carrying a paralyzed man on a bed. They were trying to lay him before Jesus; but finding no way to bring him in because of the crowd, they went up on the roof and let him down with his bed through the tiles in front of Jesus. When Jesus saw their faith he said: "Friend, your sins are forgiven." In order that the people would know that he had the authority to forgive sins, Jesus said to the one who was paralyzed, "I say to you, stand up and take your bed and go to your home." Immediately he stood up before them, took what he had been lying on, and went to his home, glorifying God. Luke 5: 17-25*

This is healing: We come broken and in pain, carried by others into the arms of hope in God's presence.

This is the miracle: Christ forgives us and sets us free; raises us to new life and sends us home.

This is the promise: Jesus, our Healer, goes home with us, bringing God's healing, forgiveness and joy.

With this healing miracle and promise in mind, I write to share that next month I will be having much needed knee replacement surgery, as I take a medical leave from my responsibilities at Atonement.

It was never my intention to schedule a second surgery in this calendar year. But pain, discomfort, and challenges in walking and mobility have become increasingly difficult. Please know how grateful I was for my hip replacement medical leave in the beginning of this year. And please know how equally grateful I am for your support in making it possible for me to undergo and recover from this upcoming surgery.

### Time Frame

My surgery is scheduled for August 9<sup>th</sup>. In following the ELCA Sick Leave Policy for Ordained Pastors and with approval from Atonement's Board of Ministries, I have planned for a six-week Medical Leave beginning August 9<sup>th</sup>, and returning on September 20<sup>th</sup> (just in time for the September Board of Ministries Meeting!)

### Sunday Worship

During my absence, The Rev. Dr. Paul Shoop has again graciously agreed to serve as Atonement's Preacher/Presider/Supply Pastor for five of the six Sundays during my absence. His consistent, weekly presence will indeed be a gift to us. The Rev. Deb Johnson has graciously agreed to serve as Supply Pastor for the other Sunday.

### Pastoral Care

During my absence, my dear husband, Pastor Craig Swanson, and my colleague Pastor Debbie Johnson will be available for pastoral care/emergencies. Their cell phone numbers and contact information will be listed in the church bulletin each week.

### Administrative Responsibilities

My thanks to Becky Wiesmore, our Office Administrative Assistant, and Karen Goodyear, our Board of Ministries President, for their extra efforts in “keeping the trains running on time” while I am gone. Please know that I will be staying in touch with them – and with you -via email/texts/phone calls.

As I pray for God’s blessing upon each of you in these coming weeks, I ask for your continued prayers for me, and for the gift of renewed health.



In Peace,

Pastor Gail Swanson

## **CLICK ON OUR MUSIC LINKS!**

***“Next to the Word of God, Music Deserves the Highest Praise” -Martin Luther***

*Our Director of Music, David McCarthy, provides weekly music links of sacred music to offer inspiration, solace, and peace. Click on a title below to hear the song.*

[Hvad est du dog skjon](#) Edvard Grieg is well known for his music from Peer Gynt and a piano concerto you’ve definitely heard the opening of. He wasn’t apparently very religious, but a lot of composers turn toward religious composition at the ends of their lives (Brahms’s last compositions are a set of Lutheran chorale preludes for organ), and Grieg was one of them – the Four Psalms (“Fire Salmer”) are his last piece. They’re not actually psalms, but Biblically inspired poetry, and this one has echoes of the Song of Songs.

[Sanctus from](#) Gabriel Fauré’s “Requiem” is pretty well known, and here’s one of the most beautiful movements. If you like this, I’d suggest listening to the “Pie Jesu” one, and then maybe the whole thing!

## **PLASTIC CONTAINER COLLECTION**



Plastic take-out food containers (for a meal for 1 or 2 people) are needed to provide meals for our neighbors in need. A plastic bin is available in the narthex entranceway for your donated containers.

## **Let Us Pray**

### *For Healing*

*We give thanks, O God, that you come to heal us, and have called us to bring your healing to one another:*

*Dick Browne  
Judy Karsten*

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**Worship**

9:30 a.m. Sundays  
in our Sanctuary

**Livestream Worship**

9:30 a.m. Sundays via the  
Atonement Facebook page.

**Church Office Hours**

9:00 a.m.-2:30 p.m.  
Tuesday  
Wednesday  
Thursday

## **TABLETOP S'MORES COOKOUT**

This is a craft that needs some *adult supervision*, and help with matches. Be sure to use the clay saucer to protect your table surface from excess heat. Be creative with your s'mores... you can use flavored chocolate bars or even peanut butter cups, flavored marshmallows, or use chocolate graham crackers for an extra-chocolatey treat.

### You will need:

4-6" terra cotta clay pot and saucer  
Tin foil  
Charcoal briquettes  
Small scraps of newspaper

Graham crackers  
Marshmallows  
Chocolate



Place your terra cotta clay pot on the saucer.  
Make a large, loose ball with tin foil and place it in the pot.  
Use a double layer of tin foil to line the upper half of the pot.  
Tightly roll a few small scraps of newspaper and put it in your pot.  
Add about 5 charcoal briquettes on top of the newspaper.  
*With adult help*, carefully ignite the paper/charcoal.

Wait a few minutes while the briquettes burn. Once the flame dies down, you have a flameless tabletop s'more maker! *Be careful-the pot will get hot!*

Break one graham cracker in half to make 2 squares.  
Put chocolate on one of the graham squares and place it on a plate or table.  
Carefully roast a marshmallow and put it on top of the chocolate.  
Put the second square of graham cracker on top and gently squeeze it together.

*Enjoy your yummy summer treat!*

Once you are all finished, be sure that the charcoal is done burning, or carefully sprinkle with a little water and/or soil to make sure no hot coals are left.

*Dear God;*

*Day is done, work is finished; I close the shades,  
let go of my plans and cares. I think of you.  
I give you my day, my work, my thoughts, my cares.  
I quit climbing mountains, I trust deep valleys, I forgive the enemy.  
I love. I sleep. My soul rests in the night.  
You restore me in sleep and peace.*

*-H. Brokering, 'Cat Psalms'*

## **SIGN UP FOR LEMONADE ON THE LAWN**

During the months of June/July/August we will be offering a time for fellowship and refreshments (a beverage and a light snack) served outdoors following worship. *You can help by signing up to be a host.* A signup sheet is on the table in the narthex.